

SPECIAL VEGETABLE DISHES

47. Dharane Swad, Paneer or Veg £10.99 / £9.99
Cooked with cream, mango & special sauce. Mild
48. Gurkhali, Paneer or Veg £10.99 / £9.99
Cooked with cream, garlic, mint, mango flavour and sweet & sour. Mild/Med
49. Paneer Masala £9.99
Cooked in a special, creamy sauce
50. Paneer Korma/Paneer Makhani £9.99
51. Paneer Pasanda (flavour red wine or Malibu mint) £9.99

VEGETABLE DISHES

- | | Side | Main |
|-----------------------------|-------|-------|
| 52. Everest Mix Vegetable | £5.69 | £7.99 |
| 53. Bombay Aloo/Sag Aloo | £5.69 | £7.99 |
| 54. Sag Paneer | £5.99 | £8.99 |
| 55. Chana Masala | £5.49 | £7.99 |
| 56. Mushroom Bhaji | £5.49 | £7.99 |
| 57. Tarka Dall (Dairy free) | £5.49 | £7.99 |

RICE

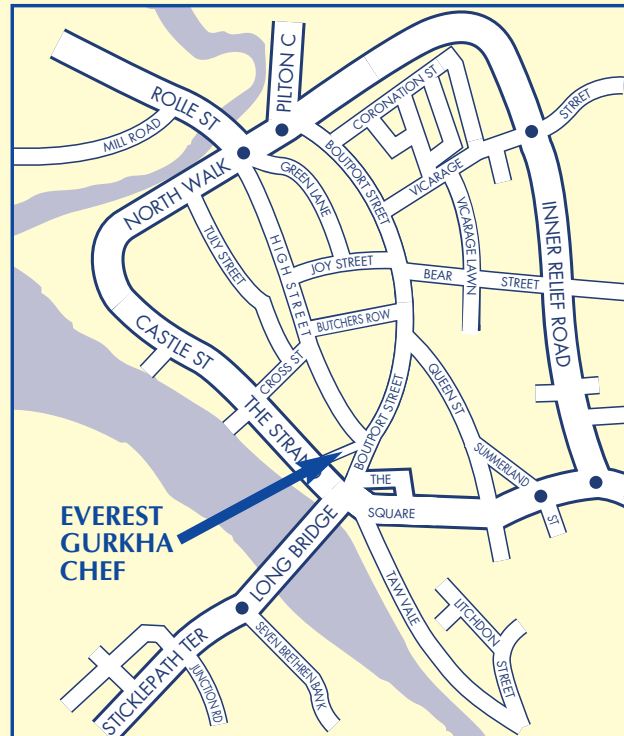
- | | |
|----------------------------|-------|
| 58. Boiled Rice | £2.99 |
| 59. Pilau Rice | £3.99 |
| 60. Lemon Rice/Garlic Rice | £4.95 |
| 61. Egg Fried Rice | £4.95 |
| 62. Mushroom Rice | £4.95 |
| 63. Vegetable Rice | £4.95 |
| 64. Special Fried Rice | £4.95 |

NAAN BREAD

- | | |
|--------------------------------------|-------|
| 65. Plain Naan | £2.99 |
| 66. Garlic Naan | £3.99 |
| 67. Peshwari Naan (Almond & coconut) | £3.99 |
| 68. Keema Naan (Mince meat) | £4.49 |
| 69. Paratha | £3.99 |
| 70. Roti | £2.75 |

SUNDRY

- | | |
|--------------------|-------|
| 71. Cucumber Raita | £3.99 |
| 72. Chips | £3.75 |
| 73. Curry sauce | £4.99 |



EVEREST GURKHA CHEF

Unit 3 Maiden Street
BARNSTAPLE
N.Devon EX31 1HA

Tel: 01271 376863
Mob/WhatsApp: 07557 350976
www.everestgurkhachef.co.uk


EVEREST GURKHA CHEF

TAKEAWAY MENU

**Unit 3 Maiden Street
BARNSTAPLE
N.Devon EX31 1HA**

**Open Tuesday to Saturday
5.30pm to 10.00pm**

**Takeaway orders taken up to 9.00pm
Table bookings taken up to 8.30pm**

 **Find us on Facebook**

**Home made authentic Nepalese and popular
Indian dishes cooked by our experienced and
award-winning chef in our open kitchen**

See your food freshly prepared!

**Our chef is the first lady from the
Gurkha community to win the prestigious
British Curry Award**

**Please let us know if you have any allergies or
dietary requirements. We cannot guarantee any dish
will be completely allergen free**

Tables available for 15-20 people
Please bring your own alcohol

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We accept all major credit & debit cards

CONDIMENTS

1. Popadom 95p
2. Chutney (*Mango, Mint sauce, Onion salad, Tomato*) 95p

STARTERS

3. Everest mixed platter £6.99
Chicken tikka, sheek kebab, vegetable samosa, Onion bhaji
4. Momo £6.49 / £5.75
Chicken/Lamb/Veg fresh home made steamed dumpling (mixed onion, spring onion, ginger and garlic) served with fresh home made Nepalese tomato chutney.
5. Lamb Sekuwa £5.99
Lamb pieces marinated in garlic, ginger, garam spices and mustard oil. Cooked in Clay oven. Served with salad.
6. Chicken Tikka Sekuwa £4.99
Chicken pieces marinated in Nepalese spices. Cooked in Clay oven. Served with salad.
7. Tandoori Chicken £4.99
Chicken leg or breast on the bone. Marinated in spices. Served with salad.
8. Kawa Salmon Tikka £6.99
Fresh salmon marinated with garlic, ginger, mint, lemon, and coriander. Cooked in the Clay oven. Served with salad.
9. Aloo Dum £5.99
Potatoes cooked with mixed spices, mixed ginger and sesame seeds, Lightly fried. Served with salad.
10. Sheek Kebab £5.95
Spiced lamb mince marinated in Nepalese spices. tandoori oven. Served with salad.
11. Onion Bhaji £3.59
Onion mixed with spices, egg, gram flour, and deep fried. Served with salad.
12. Samosa £3.99
Chicken tikka/Veg/ lightly mixed with spices. Served with salad.
13. Chicken Pakora £5.99
Chicken tikka mixed with gram flour, mixed spices and deep fried. Served with salad.
14. King Prawn Butterfly £6.99
King prawns marinated in spices, bread crumbs and deep fried. Served with salad.
15. Lamb Choila £5.99
Lamb tikka marinated in fresh herbs and Cooked in the Clay oven. Nepalese traditional starter. Served with salad.
16. Garlic Mushrooms £5.49
Fresh mushrooms, garlic, pepper, butter, lightly pan fried in creamy sauce.

EVEREST GURKHA CHEF'S SPECIAL DISHES

17. Gurkhali £10.99 / £11.99
Chicken tikka/Beef or Lamb cooked with garlic, mint, mango flavour and sweet spicy sauce and yogurt. Hot/medium.
18. Chilli Paneer £10.99
Cheese slice marinated with cornflour, garlic, ginger, egg, mix peppers, onion, cooked with fresh herbs, soya sauce, sesame oil and Chef's special sauce. Dry dish. Hot.
19. Chicken Chilli £10.99
Chicken slice, marinated in garlic, ginger, egg, potato flour, Nepalese spices, cooked with fresh herbs, mixed peppers, onion, soya sauce and sesame oil. Dry dish. Hot.
20. Sunsari Chicken £10.99
Marinated chicken tikka, cooked with garlic, ginger, fenu greek leaf, yogurt, fresh coriander and Chef's sauce. Award winning dish. Hot/Medium.
21. Hariyali £10.99 / £11.99
Chicken/Beef or Lamb cooked in mustard seeds, fresh coriander, mint, garlic, green peppers and mixed herbs. Spicy. Hot/Medium.
22. Nepalese Beef/Lamb £11.99
Beef/Lamb cooked with garlic, ginger, onion, tomato, fresh curry leaves and Nepalese masala. Hot/Medium.
23. Dharane Swad £10.99
Chicken tikka cooked with fresh cream. mango, and Chef's special sauce. Mild.
24. Himalayan Chicken £10.99
Fresh chicken cooked with garlic, ginger, onion, tomato, fresh curry leaves and mixed spice. Hot/Medium.
25. Khasa Chicken £10.99
Stir fried sliced chicken, cooked with garlic, ginger, egg, potato flour, sliced mixed pepper, onion, leaks, soy sauce, sesame oil and olive oil. Black bean sauce. Cooked chinese style. (normal)
26. Solukhumbu Ko Timmur (Sichuan pepper) £10.99 / £11.99
Chicken/Beef or Lamb cooked with fenugreek, sichuan, onion, mix pepper with Chef's sauce. Hot/Medium.
27. Everest Gurkha Special £10.99 / £11.99
Chicken/Beef or Lamb cooked with garlic, ginger, nutmeg and Chef's spices. mixed pepper, onion, and coriander. Hot/Medium.

SEA FOOD DELIGHT

28. King Prawn Chilli £13.99
Selection of fresh green chilli, garlic, ginger, mixed peppers, onions and cooked with Chef special sauce and sesame oil. Dry dish. Hot/Medium.
29. Tandoori King Prawn Masala £13.99
King prawns marinated with spices and grilled in a tandoori oven. Cooked Chef's special sauce with 48 herbs and spices. Very tasty. Mild.

30. Pikhuwa Salmon £13.99
Tandoori salmon tikka cooked in chef's special sauce with 48 herbs and spices. Very tasty. Mild.
31. Everest Chef King Prawn/Prawn £13.99 / £12.99
Stir fried king prawns/prawns cooked with fresh Nepalese spices, garlic, ginger, tomato, coriander and onion and sesame oil. Hot/Medium.

INDIAN TRADITIONAL

32. Chicken Tikka Masala £9.99
All time favourite dish. Marinated chicken tikka cooked in a special blended sauce with a mixture of 48 spices and herbs. Mild.
33. Chicken/Lamb Korma £9.99 / £10.99
Tender chicken cooked with cashew nuts, coconut, and almond flour in a traditional cream sauce. Mild.
34. Chicken Makhani £9.99
Tandoori chicken breast, cooked in butter, tomato, almonds, cream flavoured with honey. Mild.
35. Chicken/Lamb Pasanda £9.99 / £10.99
Cooked with fresh cream, almond powder, cashew nut, coconut milk, (Flavour: red wine, mint or malibu). Creamy Mild.

CURRY

- | | Chicken | Lamb/Beef |
|---|---------|-----------|
| 36. Madras (<i>Fairly hot</i>) | £9.99 | £10.99 |
| 37. Bhuna (<i>Thick medium spicy sauce</i>) | £9.99 | £10.99 |
| 38. Jalfrazi (<i>Fairly hot</i>) | £9.99 | £10.99 |
| 39. Dansak (<i>Sweet and sour and with lentils</i>) | £9.99 | £10.99 |
| 40. Pathia (<i>Sweet and sour</i>) | £9.99 | £10.99 |

TANDOORI SIZZLING

41. Everest Mix Grill £14.99
Tandoori chicken, chicken tikka, lamb tikka, sheek kebab, and king prawn. Served with salad.
42. Chicken Tikka/Lamb Sekuwa £9.99 / £11.99
Marinated with Devon's local herbs and Nepalese spices. Served with salad.
43. Chicken/Lamb Shaslik £11.99 / £12.99
Chicken tikka/lamb tikka with mixed pepper, onion and tomato. Served with salad.
44. Tandoori Chicken (half on the bone) £10.99
Half chicken, breast and leg, marinated with spices. Served with salad.
45. Tandoori King Prawn £13.99
King prawns marinated with garlic, ginger, yogurt and tandoori spices. Cooked in tandoori oven. Served with salad.
46. Kawa Salmon £13.99
Salmon fillets marinated with fresh mint, coriander, garlic, ginger, and mixed spices. Served with salad.