

VEGETABLE DISHES

	Side	Main
50. Everest Mix Vegetable	£3.99	£7.00
51. Bombay Aloo/Sag Aloo	£3.95	£7.00
52. Sag Paneer	£3.99	£7.00
53. Chana Masala	£3.99	£7.00
54. Mushroom Bhaji	£3.95	£7.00
55. Tarka Dall (<i>Lentil with garlic and butter ghee</i>)	£3.95	£7.00

RICE

56. Boiled Rice	£2.25
57. Pilau Rice	£2.75
58. Lemon Rice/Garlic Rice	£3.49
59. Coconut Rice	£3.95
60. Mushroom Rice	£3.95
61. Vegetable Rice	£3.95
62. Special Egg Fried Rice	£3.95

NAAN BREAD

63. Plain Naan	£2.25
64. Garlic Naan	£2.75
65. Peshwari Naan (<i>Almond & coconut</i>)	£2.75
66. Keema Naan (<i>Mince meat</i>)	£2.95
67. Paratha	£2.50
68. Tandoori Roti	£2.50

SUNDRY

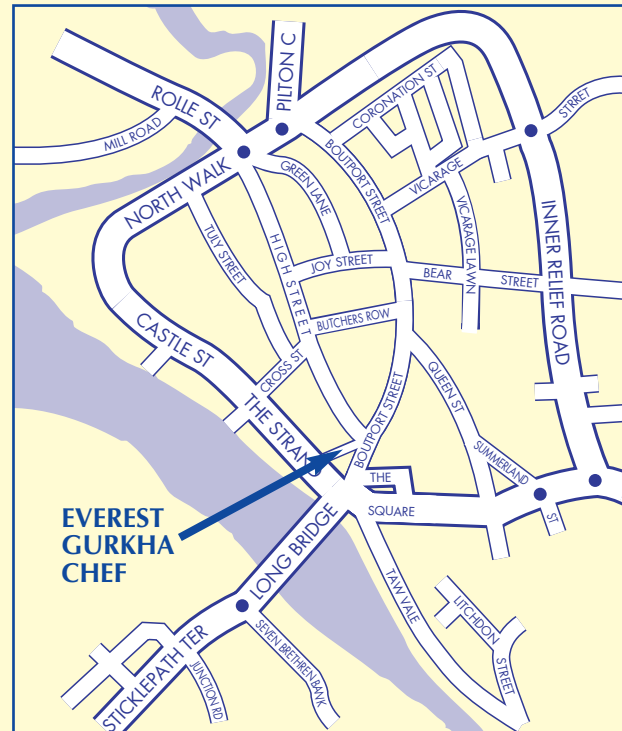
69. Cucumber Raita	£2.00
70. Chips	£1.99
71. Curry sauce	£2.99

SOFT DRINKS

Can: Coke/Diet Coke/Fanta/Tango	£1.25
Bottle: Coke/Diet Coke/Fanta/Lemonade	£2.50

EVEREST GURKHA CHEF

Unit 3 Maiden Street,
Barnstaple,
N.Devon EX31 1HA



EVEREST GURKHA CHEF TAKEAWAY MENU

Unit 3 Maiden Street, Barnstaple, N.Devon EX31 1HA

Open Monday to Saturday 5.30pm to 10.00pm
Lunch can be ordered with advance booking

Home made authentic Nepalese & popular Indian dishes
cooked by our experienced and award winning
chef in our open kitchen

See your food freshly prepared!

Our chef is the first lady from the Gurkha community
to win the prestigious British Curry award

Some of our dishes contain allergens, eg. cereals, eggs, fish,
milk, mustard, nuts, sesame seeds and soya, please ask us
for more information

Catering Services available for parties & functions

Tables available for 15 - 20 people.
Please bring your own bottle.

Tel: 01271 376863 or Mob: 07557350976

www.everestgurkhachef.co.uk

We accept all major credit & debit cards.

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CONDIMENTS

1. Popadom 75p
2. Chutney (Mango, Mint sauce, Onion salad, Tomato) 75p

STARTERS

3. Everest mixed platter £5.50
Chicken tikka, sheek kebab, vegetable samosa, Onion bhaji
4. Momo £4.95
Lamb/Veg/ fresh home made steamed dumpling (mixed onion, spring onion, ginger and garlic) served with fresh home made Nepalese tomato chutney.
5. Lamb Sekuwa £4.99
Lamb pieces marinated in garlic, ginger, garam spices and mustard oil. Cooked in Clay oven. Served with salad.
6. Chicken Tikka Sekuwa £3.99
Chicken pieces marinated in Nepalese spices. Cooked in Clay oven. Served with salad.
7. Tandoori Chicken £3.99
Chicken leg or breast on the bone. Marinated in spices. Served with salad.
8. Kawa Salmon Tikka £5.25
Fresh salmon marinated with garlic, ginger, mint, lemon, and coriander. Cooked in the Clay oven. Served with salad.
9. Aloo Dum £3.99
Potatoes cooked with mixed spices, mixed ginger and sesame seeds, Lightly fried. Served with salad.
10. Sheek Kebab £3.95
Spiced lamb mince marinated in Nepalese spices. tandoori oven. Served with salad.
11. Onion Bhaji £2.99
Onion mixed with spices, egg, gram flour, and deep fried. Served with salad.
12. Samosa £2.99
Chicken tikka/lamb/Veg/ lightly mixed with spices. Served with salad.
13. Chicken Pakora £3.95
Chicken tikka mixed with gram flour, mixed spices and deep fried. Served with salad.
14. King Prawn Butterfly £5.50
King prawns marinated in spices, bread crumbs and deep fried. Served with salad.
15. Lamb Choila £4.99
Lamb tikka marinated in fresh herbs and Cooked in the Clay oven. Nepalese traditional starter. Served with salad.
16. Garlic Mushrooms £3.99
Fresh mushrooms, garlic, pepper, butter, lightly pan fried in creamy sauce.

EVEREST GURKHA CHEF'S SPECIAL DISHES

17. Gurkhali £8.99 / £9.50
Chicken tikka/Beef or Lamb cooked with garlic, mint, mango flavour and sweet spicy sauce and yogurt. Hot/medium.
18. Chillli Paneer £8.99
Cheese slice marinated with cornflour, garlic, ginger, egg, mix peppers, onion, cooked with fresh herbs, soya sauce, sesame oil and Chef's special sauce. Dry dish. Hot.
19. Chicken Chillli £8.99
Chicken slice, marinated in garlic, ginger, egg, potato flour, Nepalese spices, cooked with fresh herbs, mixed peppers, onion, soya sauce and sesame oil. Dry dish. Hot.
20. Sunsari Chicken £8.99
Marinated chicken tikka, cooked with garlic, ginger, fenu greek leaf, yogurt, fresh coriander and Chef's sauce. Award winning dish. Hot/Medium.
21. Hariyali £8.99 / £9.50
Chicken/Beef or Lamb cooked in mustard seeds, fresh coriander, mint, garlic, green peppers and mixed herbs. Spicy. Hot/Medium.
22. Nepalese Beef/Lamb £9.50
Beef/Lamb cooked with garlic, ginger, onion, tomato, fresh curry leaves and Nepalese masala. Hot/Medium.
23. Dharane Swad £8.99
Chicken tikka cooked with fresh cream. mango, and Chef's special sauce. Mild
24. Himalayan Chicken £8.99
Fresh chicken cooked with garlic, ginger, onion, tomato, fresh curry leaves and mixed spice. Hot/Medium.
25. Khasa Chicken £8.99
Stir fried sliced chicken, cooked with garlic, ginger, egg, potato flour, sliced mixed pepper, onion, leaks, soy sauce, sesame oil and olive oil. Black bean sauce. Cooked chinese style. (normal)
26. Solukhumbu Ko Timmur (Sichuan pepper) £8.99 / £9.50
Chicken/Beef or Lamb cooked with fenugreek, sichuan, onion, mix pepper with Chef's sauce. Hot/Medium.
27. Everest Gurkha Special £8.99 / £9.50
Chicken/Beef or Lamb cooked with garlic, ginger, nutmeg and Chef's spices. mixed pepper, onion, and coriander. Hot/Medium.

SEA FOOD DELIGHT

28. King Prawn Chillli £11.49
Selection of fresh green chilli, garlic, ginger, mixed peppers, onions and cooked with Chef special sauce and sesame oil. Dry dish. Hot/Medium.
29. Tandoori King Prawn Masala £11.49
King prawns marinated with spices and grilled in a tandoori oven. Cooked Chef's special sauce with 48 herbs and spices. Very tasty. Mild

30. Pikuwa Salmon £10.99
Tandoori salmon tikka cooked in chef's special sauce with 48 herbs and spices. Very tasty. Mild.
31. Everest Chef King Prawn/Prawn £11.49 / £9.99
Stir fried king prawns/prawns cooked with fresh Nepalese spices, garlic, ginger, tomato, coriander and onion and sesame oil. Hot/Medium.

INDIAN TRADITIONAL

32. Chicken Tikka Masala £7.99
All time favourite dish. Marinated chicken tikka cooked in a special blended sauce with a mixture of 48 spices and herbs. Mild.
33. Chicken/Lamb Korma £7.99 / £8.99
Tender chicken cooked with cashew nuts, coconut, and almond flour in a traditional cream sauce. Mild
34. Chicken Makhani £7.99
Tandoori chicken breast, cooked in butter, tomato, almonds, cream flavoured with honey. Mild.
35. Chicken/Lamb Pasanda £7.99 / £8.99
Cooked with fresh cream, almond powder, cashew nut, coconut milk, (Flavour: red wine, mint or malibu). Creamy Mild.

CURRY

- | | Chicken | Lamb/Beef |
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TANDOORI SIZZLING

41. Everest Mix Grill £11.99
Tandoori chicken, chicken tikka, lamb tikka, sheek kebab, and king prawn. Served with salad.
42. Chicken Tikka/Lamb Sekuwa £7.99 - £8.99
Marinated with Devon's local herbs and Nepalese spices. Served with salad.
43. Chicken/Lamb Shaslik £8.49 - 8.99
Chicken tikka/lamb tikka with mixed pepper, onion and tomato. Served with salad.
44. Tandoori Chicken (half on the bone) £8.99
Half chicken, breast and leg, marinated with spices. Served with salad.
45. Tandoori King Prawn £11.49
King prawns marinated with garlic, ginger, yogurt and tandoori spices. Cooked in tandoori oven. Served with salad.
46. Kawa Salmon £10.99
Salmon fillets marinated with fresh mint, coriander, garlic, ginger, and mixed spices. Served with salad.